Our patients and their families may have an interest in the following books. However, we do not endorse and are not responsible for the content in any of these publications.

- **Amyotrophic Lateral Sclerosis**: A guide for patients and families, 2nd edition. Hiroshi Mitsumoto, MD, and Theodur Monsat, MD, editors, Demos Medical, 2002

- **Amyotrophic Lateral Sclerosis** an America Academy of Neurology Press Quality of Life Guide by Robert Miller, MD; Deborah Gelinas, MD; Patricia O’Connor, RN.

- **Amyotrophic Lateral Sclerosis Progress in Clinical Neurologic Trials**, Volume 1 by R. Clifford Rose, MD

- **Charlie’s Victory an Autobiography** by Charlie & Lucy Wedemeyer

- **Don’t Buy Too Many Green Bananas- Living with ALS** by Delores M. Warner

- **Tuesdays with Morrie** by Morrie Schwartz

- **Share the Care How to organize a group to care for someone who is seriously ill.** Cappy Capossela and Sheila Warnock, Simon and Schuster, 1995

- **Chocolate Kisses** by Ann Wade

- **Life in the Blue Zone.** God, I didn’t See This Coming by Jim Burton. Is the story of one family that faced both breast cancer and ALS (Lou Gehrig’s disease). The lessons we learned may help you and your loved ones if you suddenly find yourself in the "blue zone." Website: http://www.life-bluezone.com/index.html

- **How to Help Children Through a Parent’s Serious Illness** by Kathleen McCue. St Martin’s Griffin 1994.

- **I Remember Running.** The Year I Got Everything I Ever Wanted--and ALS by Darcy Wakefield

- **It Helps to Talk About It; Living, Not Dying, with Lou Gehrig’s Disease** by Bob MacLean

- **It’s a Miracle; I'm Still Sick** - This book goes into detail about the debilitating aspects of ALS and how one woman never gave up on her faith in God, and how her husband learned what the real meaning of love is. by Dan Gottwerth 2010

- **Learning to Fall the blessings of an imperfect life.** Philip Simons, Batam, 2000.

- **Meals** - A collections of recipes for easy swallowing to enhance the joys and pleasures of eating by Vicki Appel, Sandy Calvin, Gena Smith, and Donna Woehr.

- **The Butcher’s Daughter** - The Story of an Army Nurse with ALS by Sandra Lesher Stuban, RN
- **Non-Chew Cookbook** by J. Randy Wilson

- **On Eagles Wings** Fulfilling the needs of your terminally ill loved one; A practical guide for the Care of Terminally Ill Loved Ones. Connie Crozier Bobo, The Freefall Factory, 2000

- **Passages in Caregiving;** Turning Chaos into Confidence by Gail Sheehy

- **Cornflower Blues Living with MND**-edited by Zana Abdul Rahman

- **Tales of a Wounded Healer** As a long-time survivor of ALS, psychotherapist Mariah Fenton Gladis knows first-hand the terror of terminal illness and the fortitude required to beat the odds. Rather than succumb, she has used her personal struggle to deepen her compassion for the pain in others. She understands that tragedy is a universal phenomenon that comes in many different forms, from physical through emotional and spiritual, and therein lies the opportunity for elevation and healing. Mariah Fenton Gladis, MSS, QCSW

- **The Dysphagia Cookbook** - Great Tasting & Nutritious Recipes for People with Swallowing Difficulties by Elaine Achilles, ED.D

- **The Pureed Gourmet** by Henry and Jane Evans

- **This Far and No More** by Andrew H. Malcolm

- **What If It's Not Alzheimer's?** A Caregiver’s Guide to Dementia by Lisa and Gary Radin